

Breakfast

(Mon-Fri: 6am-11am)

Arepas

- 1) Egg & Cheese w. bacon, chorizo or ham . 4.00
- 2) Egg, Onion, and Tomato..... 3.50
- 3) Brie & Mango 4.50
- 4) Egg, Cheese, & Avocado 4.25
- 5) Steak, Egg, and Cheese 4.25
- 6) Smoked Salmon & Cream Cheese .. 5.50

Swap it out, add a buck..... + 1.00

Egg Sandwiches

- The Regular 4.25
Egg, bacon, cheese
- The Morning After..... 6.00
Egg, bacon, avocado, cheese, lettuce,
tomato, mayo
- Strong Island 7.00
Egg, roast beef, mozzarella, onion, pepper

Omelets

- All Omelets..... 9.50
served with rice & bean, plus toast or hash browns
- 1) Avocado & Cheese
- 2) Onion, Pepper, Tomato, & Queso Blanco
- 3) Ham, Swiss, & Spinach
- 4) Nacho Omelet
- 5) Chorizo, Onion, & Pepper
- 6) Smoked Salmon & Cream Cheese
- 7) Carne Mechada & Queso
- 8) Dozen Veggie & Queso
- 9) Plantain, Ham, & Queso
- 10) Brie & Mango
- 11) The Vermonter (apples, bacon, cheddar)

Breakfast Tipico

2 eggs your way with rice, beans, avocado,
and plantains 8.50

Pancakes

Stack of three served with fresh fruit.... 7.00
Add one egg 2.00

French Toast

Two slices served with fresh fruit..... 7.00
Add one egg 2.00

Tortilla Wraps

Egg Wrap5.75
Egg, chorizo, cheese, black beans, onion, jalapeno

Veggie Wrap5.50
Egg, avocado, cheese, mushroom, onion, tomato,
roasted red pepper

Bacon Wrap.....4.00
Egg, bacon, cheese, onion, tomato

Red Smitty 5.00
Egg, cheese, chipotle, chorizo

Baliadas5.00
Paper thin tortilla filled with black beans,
egg, cheese

Breakfast Sides.....3.00

Chorizo	Oaxaca Potatoes
Bacon	Queso Blanco
Avocado	Plantains Ham

Dulce de Leche Muffins.....3.00

Isla Bonita Fruit Salad4.50

Beverages

Batidos 4.00 / 5.50

Fresh fruit blended with milk and ice.

(with soy milk add \$0.50)

Mango	Papaya	Melon	Guava
Pineapple	Banana	Avocado	Berries
Chocolate	Vanilla	Guanabana	
Passion Fruit			

Jugos 4.00 / 5.50

Juiced to order:

Mango	Papaya	Melon	Orange
Pineapple	Carrot	Beet	Apple
Ginger	Berries	Guava	
Passion Fruit			

Hot Coffee and Tea..... 2.00

Tropical Iced Tea..... 2.50

Chi Cha 5.00

Dulce de Leche Coffee..... 4.00

Venezuelan Hot Chocolate..... 4.00

Venezuelan Hot Caramel Chocolate.....4.00

Freshly Frozen Lemonade/Limeade . 6.00
(In season)

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Breakfast and Lunch Menu

Valencia Luncheria

164 Main Street,
Norwalk, CT 06851

T: 203-846-8009

Breakfast
Mon- Fri 6-11, Sat 7-4, Sun 8-4

Lunch
Everyday 11-3:30

Dinner
Mon-Thur 3:30-9, Fri 3:30-10
Sat 4-10, Sun 4-8

Brunch
Saturdays/Sundays 10-4
**And Some Holidays!

All items available fresh
for take-out or dine in

Arepas

A Venezuelan handmade corn cake

fried or skillet roasted stuffed w. your choice of fillings

Aphrodite (mango, avocado)	4.75
BLT (bacon, lettuce, tomato, mayo)	4.00
Brie & Mango.....	4.25
Carne Mechada (shredded beef)	4.25
Casio (mozzarella, tomato, basil)	4.50
Chef (chipotle-jalapeno cheese steak)	5.25
Chicken Tamarillo (chicken stew)	4.25
Chorizo	4.00
Domingo (spinach, bacon, onion, queso)	4.50
Domino (black bean, queso blanco)	3.75
Dulce (fennel seed, melted queso)	4.00
Egg & Cheese	3.75
Erik (ham, brie, mango)	4.50
Ham & Cheese	4.00
Jenny (chicken, cheese, spinach)	4.25
Josie (peanut butter, jelly)	4.00
La Bonita (avocado, queso)	4.00
Lu (bacon, queso blanco, avocado)	4.00
Pernil (Venezuelan pork roast)	4.00
Real Deal (chorizo, mozzarella)	4.25
Reina (chicken salad, avocado)	4.00
Ruby (plantain, queso blanco)	3.75
Spinach & Cheese.....	4.00
Vivian (dulce de leche, banana)	4.00
Zach (crispy chicken, honey)	4.25

Swap it out, add a buck..... + 1.00

Maybach Arepas

Carlo.....	5.00
<i>Fennel arepa, chicken, avocado, queso</i>	
Jax	4.75
<i>Bacon arepa, peanut butter, plantains</i>	
New Mel.....	6.75
<i>Scallion arepa, smoked salmon, cream cheese</i>	
Sloppy Mikey	4.75
<i>Queso blanco & cheddar arepa, carne molida, salsa rosa</i>	
TOTGA	5.00
<i>Everything arepa, ground beef, bacon, cream cheese</i>	

Empanadas

Pastry Dough Stuffed and Fried....3.00

Chicken Tamarillo	Beef Picadillo
Spinach & Cheese	Ham & Cheese
Black Bean & Cheese	Chipotle Pork
Cubano	Chorizo & Pepper
Caprese	Three Cheese
Cheeseburger	Guava & Mozzarella
Chocolate & Plantain	
Nutella & Peanut Butter	
Curried Cauliflower & Ricotta	
Nutella & Cream Cheese	
Apple & Dulce de Leche	

Burritos

Flour tortilla packed with rice, beans, lettuce, tomato, queso blanco, onion, avocado, sour cream.... 11.00

Baja Fish
Beef & Jalapeno
Ceviche
Pulled Pork
Chipotle Chicken
Blackened Turkey
Veggie & White Bean
Chorizo

Sides

Sour Cream.....	1.00
Sweet Plantains and Sour Cream....	5.00
Rice and Beans.....	5.50
Chili Lime Corn on the Cob.....	4.50
Chorizo	4.00
Half Avocado.....	4.00
Tostones	5.00
Yucca Fries.....	5.00
Daily Vegetable.....	4.00
Side of Pico de Gallo	3.00
Side of Guacamole	4.50
Sauces: Chipotle & Guasacaca... 7/11/16	
\$0.50 each side	

Ceviche

Fresh shrimp and scallops intensely cooked in citrus juices, with red onion, cilantro, and red pepper
9.00

Lunch Specials

(11:00-3:30)

Black Bean and Sour Cream Soup.....	6.00
Daily Special Soup	M/P
Ensalada de Casa	7.00
<i>Queso blanco, tomato, bacon, avocado, and soy balsamic vinaigrette</i>	
Mesclun Salad	8.00
<i>Candied pecans, grilled apples, blue cheese, and sherry vinaigrette</i>	
Chopped Salad.....	8.00
<i>Mozzarella, roasted red peppers, olives, tomato, cucumber, carrot, onion, and balsamic vinaigrette</i>	
Grilled Chicken Salad	9.00
<i>White beans, tomato, corn, avocado, cucumber, ranch dressing</i>	
Half a Cuban Sandwich and a Cup of Soup	8.50
Arepa Combo	10.00
<i>One arepa with your choice of filling, plus rice, beans, plantains, avocado</i>	
Empanadas Combo.....	11.00
<i>Any 2 empanadas plus rice, beans, plantains, avocado</i>	
Ceviche Combo.....	11.00
<i>Yellow corn arepa with fresh ceviche, salad, & tostones</i>	
The Works.....	13.00
<i>Choice of one arepa and one empanada, with rice, beans, ceviche, plantains, & avocado</i>	
Pabellon Criollo	12.50
<i>Carne mechada, rice, beans, queso blanco, plantains</i>	
Chicken Pabellon	12.00
<i>Chicken mechado, rice, beans, queso blanco, plantains</i>	
Blackened Tilapia	16.50
<i>With coconut rice and Veracruz sauce</i>	
Blue Plate (Mon - Fri)	10.00
<i>Chef's daily special plus choice of one side. Each additional side \$0.50 (rice, beans, plantains, tostones, avocado, daily veg, side salad)</i>	
Lobster Enchilada	16.50

Sandwiches

Smoked Salmon Wrap.....	11.00
<i>Cream cheese, capers, cucumber, mesclun, tomato</i>	
The Pernil Banh Mi	9.00
<i>Pernil, cucumber, jalapeno, mango, red onion, cilantro</i>	
Cuban	9.75
<i>Roasted pork, tavern ham, proscuitto, swiss</i>	
Oaxaca Cheese Steak.....	9.25
<i>Ancho seared strip steak, jalapenos, onions, mozzarella, tomato</i>	
The Bryan	8.75
<i>Chicken cutlet, mozzarella, lettuce, tomato, onion, mayo, oil, vinegar</i>	
Chicken Fajita Wrap	9.00
<i>Grilled chicken, onions, peppers, lettuce, tomato, sour cream</i>	
Turkey Club Wrap	8.50
<i>House roasted turkey, bacon, lettuce, tomato, mayo</i>	
Media Noche	9.00
<i>Pressed wrap of turkey, plantains, bacon, grilled onions, mozzarella</i>	
Valencia Wrap	9.00
<i>Chorizo, bell peppers, frizzled onions, mozzarella</i>	
Crispy Cauliflower Wrap	9.00
<i>White beans, basil mayo, parmesan, mesclun</i>	
Poblano Sandwich	10.00
<i>Roasted poblano pepper, sautéed onion, mushroom, grilled corn, melted Jack cheese, and avocado</i>	
Spicy Mahi Mahi Sandwich... ..	12.00
<i>Habanero crema, lettuce, tomato, and mango pico de gallo</i>	
Chicken Salad Melt... ..	8.50
<i>Bacon, avocado, tomato, and American cheese</i>	

Homemade Desserts

Valencia Flan	4.50
Arroz con Leche	4.50
Isla Bonita Fruit Salad	4.50
Chocolate Banana Bread Pudding....	6.00
Coconut Rum Tres Leches	6.00
Dulce de Leche Muffin	3.00
Frozen Hot Chocolate	8.00
Ice Cream Cone.....	4.00
A la Mode w/ any dessert or empanada.....	2.00